# **Evanston Township High School Adapted Physical Education and Physical Education Teacher**

\*(Martial Arts skills is an asset to this position)

#### **Qualifications:**

- Type 9 or Type 10 Illinois State Teaching Certification
- Bachelors Degree or higher in Physical Education (includes course work in Adapted Physical Education)
- Illinois State Adapted Physical Education approval/endorsement (required)
- Learning Behavioral Specialist I (LBSI highly desired)
- CPR and AED certified
- Intermediate to advanced level swimmer
- Physical Education/Health Teaching experience (highly desired)

### Responsibilities and Expectations (Adapted Physical Education Teacher):

- 1. Demonstrate competence in communicating effectively with special needs students, parents and staff members.
- 2. Utilizes a large repertoire of instructional strategies and adapted/modified fitness and sports equipment.
- **3.** Assists the IEP team with student assessment, individualized instructional plan design, implementation of enrichment activities pertaining to student motor development and monitor progress for each student.
- 4. Assesses student's school and medical history in relation to present motor functioning and develops recommendations for services based upon interpretation of findings.
- 5. Serves as a resource person to other instructional staff who are providing physical education to students not eligible for Adapted or DLP Physical Education.
- 6. Establishes and maintains comprehensive student/program files as required.
- 7. Provides a positive learning environment that stimulates student learning and maintains motor skill development.
- 8. Exercise physical control over students who are acting out and/or offer physical assistance to students who might be, themselves, physically impaired.
- 9. Maintain an appropriate personal demeanor during periods of heightened stress created by outside factors not always within the ability of the teacher to control at the time.
- 10. Is a caring and patient person who accommodates but does not lower physical and academic standards based on each student's physical and cognitive level.

### Responsibilities and Expectations (Physical Education Teacher):

- 1. Personally possess and maintain a healthy fitness level with the ability to demonstrate and participate in vigorous physical activity with or without students when appropriate.
- 2. Willingness to serve as a Physical Education Teacher Liaison for various committees in and outside of the PE Department (possibly before, during and/or after school hours)
- 3. Have the ability to differentiate lessons taught in Physical Education/Wellness, within a classroom setting to academically and culturally diverse students.
- 4. Teach the following *(including but not limited to)* sport activities with the ability to emphasize health and skill related fitness, anatomy and physiology and sports tactics within the lessons:
  - o Soccer, softball, football, volleyball, basketball, floor hockey
  - o Badminton, gymnastics, basic dance elements, swimming, wrestling, tennis, golf
- 5. Teach units of health education with topics that include but are not limited to:
  - o Abstinence, Birth control, Sexually transmitted infections, Sexting, Blood pathogens
  - o Healthy and Unhealthy relationships, Sexual Harassment, Self defense for girls
  - o Substance abuse, Tobacco, Drugs and Alcohol, Nutrition and Food Education
  - o Bullying, Depression, Suicide
- 6. Competent teaching and demonstrating the use of the following fitness equipment and fitness activities:
  - Free weights, Weight machines, Cable weights, Body weight exercises, Functional Fitness, Battle Ropes, TRX Systems, Heart Rate Monitors
  - Treadmills, Elliptical machines, Rowers (understand the electronic displays for each machine)
  - Exercise balls, Medicine balls, Kettle balls
  - O Various types of resistance bands, Circuit Training
  - O Yoga, Pilates, kickboxing, spinning, various levels and forms of aerobic and anaerobic workouts
- 7. Competent incorporating and teaching the following technologies within your lessons:
  - Heart rate monitors, Fitnessgram<sup>TM</sup> software, Microsoft Excel, PowerPoint and Word
  - Apperson<sup>™</sup> Datalink
  - Smartboards<sup>TM</sup>
  - o Ouia
  - o Google Apps/Docs
- 8. Daily use of proper terminology associated with the PE/Wellness curriculum while teaching.
- 9. Familiar with the Fitness For Life Physical Education textbook

- 10. Understanding of weight management for youth.
- 11. Understand the science and research behind exercise and brain function
- 12. Demonstrate a commitment to social justice, equity, excellence and high expectations for all students and a commitment to each student's physical and academic well-being.
- 13. Establish and manage student learning in a safe, positive, and respectful learning community in the gymnasium, computer labs and classroom.
- 14. Know, understand and utilize the current content, current thinking and current research specific to PE and Wellness Education.
- 15. Assess student progress by analyzing grade and fitness data. Have the ability to revise instruction to improve students' physical fitness levels and academic achievement based on found data.
- 16. Utilizes formative and summative assessments.
- 17. Demonstrate a commitment to professional growth by monitoring own learning and collaborate with colleagues. Exhibit a high degree of professionalism.
- 18. Attends professional organization conferences.

## \*The following additional skills would be an asset to this position: (Martial Arts Teacher):

- 1. Plan classes and tailor them to the skill level of the students
- 2. Experience performing and teaching strikes on pads or heavy bags
- 3. Experience performing and teaching sparring, meditation, stretching, conditioning, various throws, and kata
- 4. Experience performing and teaching skills in Tae Kwon Do, Tai Chi, Judo and Jui-jitsu
- 5. Ability to teach students by breaking down techniques into simple moves
- 6. Take responsibility for the health and safety of students, and for teaching safe training habits
- 7. Know the knowledge with the history and philosophy of the martial arts

Educating all students and supporting a school community where failure is not an option is our commitment to our students. Student achievement and well-being depend on what teachers believe, know, and do. Professionals at ETHS share the responsibility for improving student learning by consistently improving their own practice.

ETHS is an equal opportunity employer and does not Discriminate against the disabled