

Evanston Township High School
Adventure Education & Physical Education Teacher

*(Martial Arts skills is an asset to this position)

Qualifications:

- Type 9 or Type 10 Illinois State Teaching Certification
- Bachelors Degree or higher in Physical Education
- CPR and AED certified
- Intermediate to advanced level swimmer
- Physical Education Teaching experience
- College level course work in Adventure Education and Outdoor Education

Responsibilities and Expectations Adventure Education Teacher:

1. Experience leading and participating in outdoor adventure activities
2. Experience leading and participating in adventure education activities
3. Experience leading and participating in camping trips with large groups
4. Experience attending various outdoor/adventure conferences
5. Understanding of various careers associated with adventure education
6. Highly knowledgeable and skilled in performing and teaching the following:
 - a. Belaying and Self-belaying skills with proper technique
 - b. Ground school – teaching proper technique with belay
 - c. Mountaineering belay
 - d. Repelling, Canoeing, Kayaking
 - e. Various knot tying and splices, Wilderness First Aid
 - f. Archery, Orienteering, Geocaching
 - g. Cooperative education, Facilitating problem solving
 - h. Low element activities, Icebreakers, Energizers, Trust builder activities
 - i. Fire building knowledge and fire safety
 - j. Understands various forms of rescues – with or without body boards
 - k. Survival techniques in various situations

Responsibilities and Expectations (Physical Education Teacher):

1. Personally possess and maintain a healthy fitness level with the ability to demonstrate and participate in vigorous physical activity with or without students when appropriate.
2. Willingness to serve as a Physical Education Teacher Liaison for various committees in and outside of the PE Department (possibly before, during and/or after school hours)
3. Have the ability to differentiate lessons taught in Physical Education/Wellness, within a classroom setting to academically and culturally diverse students.
4. Teach the following (*including but not limited to*) sport activities with the ability to emphasize health and skill related fitness, anatomy and physiology and sports tactics within the lessons:
 - Soccer, softball, football, volleyball, basketball, floor hockey
 - Badminton, gymnastics, basic dance elements, swimming, wrestling, tennis, golf
17. Teach units of health education with topics that include but are not limited to:
 - Abstinence, Birth control, Sexually transmitted infections, Sexting, Blood pathogens
 - Healthy and Unhealthy relationships, Sexual Harassment, Self defense for girls
 - Substance abuse, Tobacco, Drugs and Alcohol, Nutrition and Food Education
 - Bullying, Depression, Suicide
18. Competent teaching and demonstrating the use of the following fitness equipment and fitness activities:
 - Free weights, Weight machines, Cable weights, Body weight exercises, Functional Fitness, Battle Ropes, TRX Systems, Heart Rate Monitors
 - Treadmills, Elliptical machines, Rowers (*understand the electronic displays for each machine*)
 - Exercise balls, Medicine balls, Kettle balls
 - Various types of resistance bands, Circuit Training
 - Yoga, Pilates, kickboxing, spinning, various levels and forms of aerobic and anaerobic workouts
19. Competent incorporating and teaching the following technologies within your lessons:
 - Heart rate monitors, Fitnessgram™ software, Microsoft Excel, PowerPoint and Word
 - Apperson™ Datalink
 - Smartboards™
 - [Quia](#)
 - [Google Apps/Docs](#)
20. Daily use of proper terminology associated with the PE/Wellness curriculum while teaching.
21. Familiar with the [Fitness For Life Physical Education textbook](#)

22. Understanding of weight management for youth.
23. Understand the [science and research](#) behind exercise and brain function
24. Demonstrate a commitment to social justice, equity, excellence and high expectations for all students and a commitment to each student's physical and academic well-being.
25. Establish and manage student learning in a safe, positive, and respectful learning community in the gymnasium, computer labs and classroom.
26. Know, understand and utilize the current content, current thinking and current research specific to PE and Wellness Education.
27. Assess student progress by analyzing grade and fitness data. Have the ability to revise instruction to improve students' physical fitness levels and academic achievement based on found data.
28. Utilizes formative and summative assessments.
29. Demonstrate a commitment to professional growth by monitoring own learning and collaborate with colleagues. Exhibit a high degree of professionalism.
30. Attends professional organization conferences.

***The following additional skills would be an asset to this position:**

(Martial Arts Teacher):

1. Plan classes and tailor them to the skill level of the students
2. Experience performing and teaching strikes on pads or heavy bags
3. Experience performing and teaching sparring, meditation, stretching, conditioning, various throws, and kata
4. Experience performing and teaching skills in Tae Kwon Do, Tai Chi, Judo and Jui-jitsu
5. Ability to teach students by breaking down techniques into simple moves
6. Take responsibility for the health and safety of students, and for teaching safe training habits
7. Know the knowledge with the history and philosophy of the martial arts

Educating all students and supporting a school community where failure is not an option is our commitment to our students. Student achievement and well-being depend on what teachers believe, know, and do. Professionals at ETHS share the responsibility for improving student learning by consistently improving their own practice.

**ETHS is an equal opportunity employer and does not
Discriminate against the disabled**