



Assistant Wrestling Coach

CLASSIFICATION: EXEMPT

FAMILY: Coaches - 9801

EEO CLASSIFICATION: Professional

REPORTS TO: Head Coach & Athletic Director

DATE CREATED: November 4, 2025

DATE REVIEWED:

Required Education/Experience	Preferred Qualifications/Experience
1-2 years' experience in high school Wrestling	

Additional Eligibility Qualifications

MISSION STATEMENT

Benet Academy, a Catholic, college preparatory school rooted in the Benedictine tradition, forms young men and women into compassionate leaders, critical thinkers, and faithful servants of God and neighbor.

VISION STATEMENT

A community for life, the Benet Family inspires servant leaders, shaped by prayer and work, who live the Gospel in today's world.

JOB DESCRIPTION

Summary/Objective

The Assistant Wrestling Coach aids the Head Coach with a variety of tasks, including but limited to, the organization of practices, games, and team travel. They also assist with developing team strategies for upcoming games. There may be administrative duties as well.

Essential Functions

1. Communicate effectively with the head Wrestling Coach.
2. Assist in coordinating and supervising the Benet Academy program and team.
3. Help students achieve gains in athletic skills and team performance.
4. Assist in designing training and game strategies.
5. Assist with assuring that the Wrestling program is properly implemented.
6. Attend and be actively engaged in meetings that are called by the head coach and Athletic Department throughout the sports season or occasionally off season.
7. Responsible for assisting the head coach with scheduling of the following:
 - a. game schedules
 - b. practice schedules
 - c. transportation
 - d. meal arrangements
8. Assist in developing team rules, communicate them to the players and their parents, and equitably enforce them.
9. Maintain good public relations for the Wrestling program including but not limited to:
 - a. Ensure that student athletes adhere to training rules, lettering policies, grade requirements, and rules of behavior.
 - b. Ensure the continual supervision of student athletes during practice and at games, in conditioning, and in locker rooms.
 - c. Ensure that health and safety precautions are observed during all activities.
10. Immediately report all major injuries incurred during practice sessions or games to the head coach and ensure the injury is communicated to the Athletic Director and Principal.
11. Assist in ensuring proper purchasing, inventory, and care of equipment.
12. Assure that Illinois High School Association (IHSA), Benet Academy's and the Diocese of Joliet's rules and policies are observed during all activities and employment.
13. Keep abreast of the latest information, innovative ideas, and techniques.
14. Obtain advance approval of the Athletic Director for all activities and expenditures.
15. Adhere to all of Benet Academy's health and safety policies, including all precautions of the Bloodborne Pathogens Exposure Control Plan.

16. React to change productively and handle other tasks as assigned.
17. Support the value of an education.
18. Adhere to all of Benet Academy's policies and procedures.
19. Other duties as assigned.

Competencies

1. Excellent organizational, interpersonal, communication & computer skills, necessary
2. Demonstrated ability to work with and relate well to students
3. Excellent sport specific technical, tactical, and strategic knowledge.
4. Possess a willingness and ability to support a diverse and inclusive environment.
5. Basic proficiency in excel, word, internet & email capabilities.
6. Prior experience with video & software, helpful.
7. Commitment to the student-athlete, passion for the sport and ability to coach & motivate.
8. The successful candidate for this position will be required to complete a criminal background, Safe Environment Training and required IHSA training.

Supervisory Responsibility

There are no supervisory responsibilities

Work Environment

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. Duties are normally performed in a school environment or outdoors. Duties may be performed away from school. The noise level in the work environment is usually moderate to loud.

Physical Demands

Requires prolonged sitting or standing. Occasionally requires physical exertion to manually move, lift, carry, pull, or push heavy objects or materials. May also require stooping, bending, and reaching. Requires some travel. Must work outdoors in various weather conditions. Must work in noisy and crowded environments.

Position Type/Hours of Work

This is a seasonal position, typically from December through February. The hours are typically after school and weekends during the season.

Compensation and Benefits

Compensation is determined by the years' experience starting year zero (0), equaling \$6,743 for the season. Specific compensation will be agreed upon between the Head Coach and the Athletic Department with factors that include but are not limited to multiple assistant coaches, availability, experience, and skill.

Travel

Required for Wrestling Meets & Tournaments

EEO Statement

Benet Academy is an equal employment opportunity employer, which does not—because of race, color, creed, religion, ancestry, age, sex, marital status, national origin, physical or mental disability or handicap, or veteran status—fail or refuse to hire qualified applicants. Benet Academy reserves the right, however, to determine whether and under what circumstances priority should be given to Catholics for certain employment positions. In addition, for Catholic employees, conformance with religious tenets of the Catholic faith is a condition of employment, and all employees are prohibited from performing, teaching, or advocating any practices or doctrines which are inconsistent with religious tenets of the Catholic faith.

Other duties as assigned

Serves as a positive role model and always supports the teachings of the Roman Catholic Church. Creates a faith-focused learning environment within the department and school and maintains a Catholic culture in his or her department that is emphasized including but not limited to, words, deeds, manner of dress, and actions.

Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee for this job. Duties, responsibilities, and activities may change at any time with or without notice.