



Department: Department of Youth Services Education Initiative
Title: **Physical Education/Wellness Teacher**
FLSA Status: Exempt
Supervisor: Regional Education Coordinator/Assistant Regional Education Coordinator
Salary: Hourly

Job Purpose:

The purpose of the Physical Education/Wellness Teacher is to guide the development and implementation of an instructional program that will enable students to develop the knowledge, skills, and attitudes required for lifelong health, fitness, and well-being. This is achieved through a combination of health/fitness related educational services, effective collaborative relationships, professional development, and a commitment to strength-based, culturally sensitive student support.

Qualifications:

- Bachelor's Degree from an accredited College or University in related field. Master's preferred.
- Possession of a Massachusetts Physical Education and/or Health teacher license (secondary level).
- Demonstrated success teaching with adolescents placed at risk.
- Have demonstrated strong written and communication skills.
- Valid driver's license and reliable vehicle are required.

Essential Functions:

1. Provide instructional strategies and supports that are designed to help students fulfill their potential for physical, mental, emotional, and social growth:

- Plan and implement effective physical education and nutrition lessons that engage the learner and reflect the various learning styles and needs of the students.
- Deliver a research-based adventure/fitness curriculum with fully integrated age-appropriate concepts and lessons designed specifically for an alternative education program aligned with the Massachusetts health and fitness curriculum frameworks.
- Develop individualized physical activity fitness plans with students and help students monitor their growth against their fitness goals.
- Provide students with instruction in a variety of motor skills and physical activities designed to enhance development of every student.
- Provide students with opportunities to develop positive, social, and cooperative skills through physical activity participation.
- Provide individualized and small group instruction to students in a residential or community setting.
- Conduct ongoing assessment of student learning using a variety of methods including formative, summative assessment and student progress monitoring.
- Participate in DYS and CES professional development activities.
- Provide age appropriate health and wellness education to youth in DYS settings.
- Take all necessary safety precautions to protect students, staff, equipment needed for the physical education/nutrition program.
- Organize, lead, and instruct in adventure and nutrition programming.
- Create classroom environment conducive to learning and that provides for the healthy development of all students.
- Be a positive role model for students and staff.
- Able to administer the CDC's Health Education Curriculum Analysis Tool.

2. Provide leadership, training, technical assistance in supporting the attainment of health, fitness, and well-being for students throughout the components of the DYS system

- Develop and carry out at least one (1) vocational pathway option for youth in identified program(s), e.g. personal trainer certification.
- Work jointly with DYS, CES, and other vendors in implementing the adventure/fitness and nutrition curriculum in residential, education, and food service components of DYS.

- Train the residential line staff in the adventure fitness curriculum and proper use of equipment and instructional materials
- Work with food service providers in supporting well-balanced and nutritional diets.
- Facilitate ongoing professional development and training activities to residential line staff and food service providers.
- Maintain an accurate inventory of equipment and materials at each site.
- Integrate the adventure/fitness and nutrition programming with existing education curriculum and DYS services.
- Partner with home schools and transition programming staff to support the continuation of physical activity and nutrition programming as students re-enter the community
- Coordinate regional fitness and nutrition groups as a strategy for ongoing monitoring and support of the progress attained during residential treatment.
- Act as PE and wellness curriculum advisors to residential line staff.
- Create a PE/Wellness schedule for instruction at each site in coordination with educational and residential program supervisors.

Other Professional Expectations:

- In conjunction with the Supervisor, develop and maintain individual professional development plan.
- Maintain effective/positive relationships with CES, DYS, Vendors, Comm. Corp., and all other colleagues and supervisors.
- Willing and able to drive to designated locations.
- Actively support program evaluation activities.
- Attend all identified meetings in coordination with supervisor, including monthly team meetings and bi-weekly conference calls.
- Strive to provide research based practices in professional practice.
- Demonstrate caring, culturally and linguistically competent and positive attitude with clients and their families.
- Maintain data regarding student progress as directed by supervisor.
- Maintain regular, ongoing communication with supervisor.
- Comply with all policies and procedures of host agency.
- Assume any additional responsibilities as directed by the Executive Director of the Collaborative for Educational Services.

Physical Demands:

- Ability to multi-task and respond to demanding job duties with a positive mindset. Considerable driving, walking and standing require that the candidate be in good physical condition.

Terms of Employment:

Contract Period:

- 30 days, Monday through Friday – Summer Schedule
- 6 hours per day.

Work Conditions:

- Requires a flexible schedule in close coordination with supervisor.
- Ability to handle interruptions and maintain productivity.
- Ability to train and work with diverse personalities.
- Skilled in working independently and collaboratively.
- May be subject to dangerous, often locked settings where the threat of verbal abuse and physical violence exists. Possible exposure to communicable diseases

CES is an equal opportunity employer and is particularly interested in candidates from a diverse range of cultural, ethnic, and racial backgrounds. We are especially interested in candidates whose backgrounds are well-suited to understanding and addressing the needs of the diverse student population we serve.

***Teachers who hold a 5-8 Teachers License in an identified subject area will be expected to secure an 8-12 level license at the time of their next renewal or within 2 years of their renewal if it occurs in the 2019-2020 academic year