

DOUGLAS COUNTY SCHOOL DISTRICT HUMAN RESOURCES DEPARTMENT



Nevada Interscholastic Activities Association

Coaches Education Program

Nevada Administrative Code (NAC) 386.832 outlines required certification and courses required of paid and volunteer coaches. A person is not eligible to coach for a school unless he or she is *certified in cardiopulmonary resuscitation (CPR)* online at www.nationalcprfoundation.com and completes the following courses, or the equivalent of those courses, offered by the National Federation of State High School Associations or the American Sport Education Program:

- 1. **Fundamentals of Coaching**, offered by the National Federation of State High School Associations or Coaching Principles, offered by the American Sport Education Program.
 - This course is offered only online at www.nfhslearn.com.
 - Estimated time to complete: 4-6 hours
 - Cost: \$35
- 2. **First Aid, Health and Safety for Coaches**, offered by the National Federation of State High School Associations or Sport First Aid, offered by the American Sport Education Program.
 - This course is offered online at www.nfhslearn.com.
 - Estimated time to complete: 4-6 hours
 - Cost: \$45
 - This course can be replaced by completing an equivalent sports first aid course.
- 3. Concussion in Sports, offered by the National Federation of State High School Associations.
 - This course is offered online at <u>www.nfhslearn.com</u>.
 - Estimated time to complete: 20-30 minutes
 - Cost: Free
 - Coaches are required to renew their concussion training every three (3) years.

Important Notes:

- 1. CPR/AED training does not qualify as an eligible first aid course. You must have one of the first aid courses listed above (or equivalent) to satisfy the NCEP coaching requirements.
- 2. As of 2016-17, all newly-hired teacher coaches are no longer given one year from the date of hire to complete the Nevada Coaching Education Program (NCEP) requirements.
- 3. Equivalent (as mentioned in NAC 386.832): The SFA (Sports First Aid) class requirement is "waived" (W) if a coach is a registered EMT or has taken one of the following: a) American Red Cross Sports First Aid or Sports Injury class(es); b) PREPARE (National Center for Sports Safety); c) American Heart Association HeartSaver First Aid. Documentation is required. The CP (Coaching Principles/ Fundamentals) class requirement is "waived" (W) if a coach has a degree (major or minor) in Coaching or Physical Education from an accredited institution. Transcript must accompany waiver request.

ALL STIPENED AND VOLUNTEER COACHES MUST BE CERTIFIED PRIOR TO WORKING WITH DCSD STUDENT-ATHLETES.

Douglas County School District

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