

**FENTON COMMUNITY HIGH SCHOOL DISTRICT 100**  
**JOB DESCRIPTION**

**TITLE:** Athletic Trainer

**REPORTS TO:** Director of Athletics and Division Leader of Physical Education, Health, & Driver Education

**QUALIFICATIONS:**

1. Bachelor's or Master's degree from an accredited college or university
2. Licensed or eligible for licensure as an Athletic Trainer in Illinois
3. CPR/AED and First Aid certification
4. Strong communication skills, both written and verbal, with the ability to make decisions, resolve conflict, and interact effectively with students, staff, families, and other stakeholders.
5. Excellent organizational skills and the ability to manage multiple responsibilities efficiently.
6. Professional and courteous demeanor with the ability to build and maintain effective working relationships.
7. Ability to think critically and make independent decisions regarding the assessment, treatment, rehabilitation, and return to play decisions per state licensure guidelines.

**TERM:** Full-time, Twelve (12) Months plus other hours as necessary to fulfill the requirements of the position

---

**Job Description:**

Under the direction of the Director of Athletics, the Athletic Trainer organizes and maintains a high school athletic training facility, assists in all games/events, provides a wide range of prevention and treatment services for student-athlete injuries, rehabilitation, evaluation, reconditioning, education, and guidance; and performs related work as required.

**Assigned Duties and Responsibilities:**

- Be responsible for prevention, emergency care, first aid, evaluation, and rehabilitation of injuries to athletes under his/her care.
- Serve as liaison between the team physician, the athlete, the athlete's parents, and coaching staff.
- Consultant to coaching staff on conditioning, nutrition, and protective equipment.
- Assist with prevention of injuries including education for athletes and student trainers, baseline concussions testing for all necessary teams, identifying factors that put athletes "at risk", correcting deficiencies in athletes as deemed necessary, as well as taping and bracing.

- Provide emergency care and first aid including availability of necessary equipment, communication procedures for emergency situations, and prompt, accurate triage.
- Evaluate acute and chronic injuries and refer to the team physician or specialist where appropriate. Help decide if a player may return to competition following an injury.
- Treat athletic injuries with protection, rest, ice, compression, evaluation, support, ultrasound, electrical stimulation, cold/heat/ and hydrotherapy as needed or prescribed with the availability of modalities.
- Develop, supervise, evaluate, and modify individual exercise programs for rehabilitation to help athletes return to a pre-injury status.
- Maintain records including injury reports, home care instructions, referrals, treatment records, rehabilitation progress notes.
- Secure training room equipment and supplies as needed.
- Provide education and supervision for student trainers.
- Assist in Fenton team practices and sporting events as scheduled with the Athletic Director.
- Perform any other duties as assigned by the immediate supervisor, Principal, and/or Superintendent.

**Physical Requirements:**

Sitting, standing, lifting, and carrying (up to 50 pounds), reaching, climbing stairs, squatting, kneeling, and moving equipment/light furniture may be required.

Safety and Health:

1. Knowledge of universal hygiene precautions
2. Knowledge and training in first aid procedures should be required for handling athletic related injuries.

**Equipment/Material Handled:**

Athletic and medical supplies used for prevention and treatment of injuries. Surgical gloves need to be utilized when treating injuries.

**Work Environment:**

Must be able to work within various degrees of noise, temperature, and air quality. Work surfaces will vary from concrete to grass to hard wood floors. Job responsibilities require both inside and outside assignments. Interruptions of work are routine. Flexibility and patience are required. Must be self-motivated and able to complete job assignments without direct supervision. Must be able to work under stressful conditions.