



Professional - Job Description

Job Title: Athletic Trainer

Pay Grade: PA 5

Min \$73,275 /Mid \$88,284 /Max \$103,292

Reports To: Athletic Director

FLSA Status: Exempt

Dept./School: Athletics

Minimum Duty Days: 220 days

Primary Purpose:

Plan, coordinate, and supervise all components of an athletic training program for student athletes. Work under the advice and consent of a team physician to carry out the practices of prevention, care, evaluation, emergency treatment, and rehabilitation of injuries.

Minimum Requirements:

- Bachelor's degree from an accredited institution.
- Valid license from Texas Advisory Board of Athletic Trainers.
- Certified American Heart Association CPR/First Aid instructor (if lacking, must be obtained within six months of hire date).

Preferred Requirements:

- Master's degree from an accredited institution
- CPR Training Coordinator

Special Knowledge/Skills:

- Ability to provide injury prevention and emergency care
- Knowledge of therapeutic modalities and ability to provide treatment for student athletes.
- Ability to educate and supervise student athletic trainers.
- Excellent organizational, communication, and interpersonal skills.
- Ability to provide rehabilitation of athletic injuries.
- Maintains knowledge of current training techniques, equipment, UIL mandates/forms and school district policies.
- Maintains knowledge of federal and state laws regarding athletic program safety.
- Knowledge of software implementation for efficient record keeping, schedules, and medical records.

Major Responsibilities and Duties:

Illness/Injury Prevention

1. Plans and implements a comprehensive athletic injury program, concussion protocol, and emergency action plan for student athletes and venues.
2. Accessible for practice sessions and athletic events as assigned by the campus coordinator to include all school district high school, middle school, elementary athletic activities as needed and local tournaments as needed.
3. Establishes and maintains effective communication with students, parents, medical staff and coaches.
4. Provides physical conditioning recommendation for student athletes.
5. Assesses injury and provide equipment relevant to athlete's needs.
6. Assesses acute injuries and provides first-aid as needed.
7. Advises coach on proper implementation of athletic activities and identify environmental risk.

Rehabilitation/Reconditioning

8. Plans and implements a comprehensive rehabilitative program for injuries sustained by student athletes.
9. Determines therapeutic goals and objectives for individual athletes.
10. Applies therapeutic modalities and instruct athletes on proper use of rehabilitative equipment.
11. Evaluates and records rehabilitation progress of athletes; develops criteria for progression and return to competition.
12. Follows the professional, ethical, and legal parameters regarding the therapeutic agents for the treatment and rehabilitation of injured athletes.

Evaluation/Care of injuries and illness

13. Provides initial assessment during emergency situations to reduce the risk of permanent injury.
14. Communicates with student athletes and parents on treatment plans after initial assessment of injury to full recovery.
15. Provides the final decision on athlete's "return to play status" after assessing and providing necessary care.
16. Provides follow up care for injured student athletes.

Administration

17. Coordinates the scheduling of pre-participation physical examinations for student athletes.
18. Coordinates CPR, AED and First Aid and Concussion training for all coaches.
19. Compiles and maintains reports, records, and other documents.
20. Discusses treatment plan with parents on minor injuries to minimize school district and parents medical cost.
21. Generates school district reports on insurance claims
22. Maintains budget based on revolving inventory, supply and demand, along with needs and efficacy of medical advances.
23. Communicates with area medical providers as it relates to the health care of athletes and initiating the process of insurance claim forms to provide medical coverage for student athletes.
24. Maintains compliance with UIL and school district policies regarding heat illness, lightning safety, concussion protocol and AED use.
25. Acts as a liaison between LISD and parents relating to risk management and/or other district reports.
26. Performs other duties as assigned by Campus Administration, Campus Coordinator and/or Athletic Administration.

Mental Demands/Physical Demands/Environmental Factors

- Maintain emotional control under stress
- Work with frequent interruptions
- Moderate lifting and carrying
- District/State wide travel
- Exposure to biological hazards
- Prolonged sitting, standing, and walking
- Hearing, speaking clearly
- Working prolonged or irregular hours
- Working in extreme weather conditions
- Performs other duties as assigned by principal, athletic coordinator, and/or athletic administration.

Sylvia L. Barrera
Reviewed and Approved by
Athletic Director

July 13, 2022
Date

Elva Margarita Martinez
Reviewed and Approved by
Asst. Superintendent for Student Support Services

July 20, 2022
Date

Margarita Chavez
Reviewed and Approved by
Human Resources Administrator

July 20, 2022
Date

The foregoing statements describe the general purpose and responsibilities assigned to this job and are not an exhaustive list of all responsibilities and duties that may be assigned or skills that may be required.

I hereby acknowledge that I have received a copy of my job description and understand its content.

Employee Name (print)

Employee Signature

Date