



## **JOB DESCRIPTION**

**TITLE:** ASSISTANT WRESTLING COACH

**QUALIFICATIONS:**

- Previous wrestling experience (preferably in coaching and/or competing at the high school, club, or collegiate level).
- Experience working with high school students in an instructional or mentoring capacity.
- Excellent leadership, communication, and organizational skills.
- Ability to collaborate effectively with the head coach and other staff.
- CPR and First Aid certification (or willingness to obtain).
- Valid driver's license and willingness to drive a school mini-bus (training will be provided).
- Ability to pass background checks and meet school employment requirements.

*Preferred Qualifications:*

- Knowledge of NFHS/IHSA Wrestling rules and regulations.
- Previous coaching experience at the high school or collegiate level.

**JOB SUMMARY:**

The Assistant Wrestling Coach supports the Head Coach in all aspects of the wrestling program. This includes mentoring and developing student-athletes while fostering a positive team environment. The assistant coach ensures that all activities align with school policies, athletics department and conference guidelines, and safety protocols.

**REPORTS TO:** Director of Athletics

**SUPERVISES:** This position does not supervise others.

**PERFORMANCE RESPONSIBILITIES:**

- Assist in scheduling, planning, and supervising practices, contests, and team activities.
- Teach fundamental and advanced wrestling skills and strategies while emphasizing proper technique and injury prevention.
- Responsible for monitoring safety at all times including ensuring proper use of equipment, maintaining clean practice environments, and responding appropriately to injuries in accordance with school policies.
- Encourage teamwork, discipline, and sportsmanship among student-athletes.
- Promote the wrestling program within the school and the Mundelein community.
- Assist in coordinating team logistics, including tryouts, scheduling, travel, fundraising, and camps.
- Communicate effectively with students, families, athletics staff, and school administration.

- Uphold school policies, athletics department and conference guidelines, and safety standards.
- Foster an inclusive and motivating environment for all team members.

**TECHNICAL SKILLS:**

The individual must be proficient in computer usage, word-processing, spreadsheets, presentation and other school-based software.

**PHYSICAL REQUIREMENTS:**

The individual must be able to stand or sit for long periods of time, be mobile to move from one place to another, stoop, bend and able to lift up to 40 pounds.

**WORK SCHEDULE:**

Afternoon, evening, and weekend practices and competition.

**TRAVEL REQUIREMENTS:**

The individual will need to provide own transportation to district business, athletic events, and professional meetings as required.

**STIPEND:**

Stipend determined by the stipend schedule listed in the collective bargaining agreement between the Board of Education and the Mundelein Education Association.

**APPROVED BY  
THE BOARD OF  
EDUCATION:**