



Coaching and Advising Job Description

Job Description:

A high school coach/advisor is responsible for overseeing an extra-curricular team/group within the school. The primary duties include developing training programs, organizing practice sessions, strategizing for competitions, and providing guidance and support to students. Coaches/Advisors also play a crucial role in fostering teamwork, sportsmanship, dedication, and leadership among their students. Additionally, they often collaborate with school administrators, parents, and other coaches/advisors to ensure the overall success and well-being of the school, school district, and program.

1. Planning and organizing practice sessions to improve individual skills and team strategies.
2. Developing game plans and strategies for competitions.
3. Providing constructive feedback and guidance to students to enhance their performance.
4. Monitoring the academic progress and behavior of students to ensure eligibility and compliance with school and MSHSL regulations.
5. Communicating effectively with players, parents, school administrators, and other coaches/advisors.
6. Supervising students during practices, games, and team events.
7. Ensuring the safety and well-being of students during all activities.
8. Fostering a positive and inclusive team culture that values and respects all members.
9. Collaborating with other staff to coordinate schedules, facilities, and resources.
10. Serving as a mentor and role model for students, promoting values such as dedication, perseverance, and respect.

Physical Requirements:

High school coaches must possess a certain level of physical fitness and agility to effectively demonstrate techniques, lead drills, and participate in practice sessions. While the specific physical requirements may vary depending on the activity, common physical demands for high school coaches/advisors include:

1. Demonstrated proficiency in the sport being coached, including the ability to perform skills and drills at a high level.
2. Agility and coordination to move quickly and fluidly during practices and games.
3. Stamina and endurance to withstand long hours on the field, court, or track.
4. Strength and flexibility to perform physical tasks such as lifting equipment, setting up practice drills, and demonstrating proper form.
5. Mobility and quick reflexes to react to changing situations and provide timely feedback to athletes.
6. Resilience to handle the physical and mental demands of coaching, including managing stress and maintaining composure during high-pressure situations.
7. Adaptability to various weather conditions, as practices and competitions may take place outdoors in different environments.
8. Good overall health and wellness to set a positive example for student-athletes and maintain a high level of energy and enthusiasm.

In addition to these physical requirements, high school coaches/advisors should also possess strong communication skills, leadership abilities, and a genuine passion for working with students to help them achieve their full potential as participants in activities and as students.