

Thornton Township High School District 205

Athletic Trainer Job Description

TITLE: Athletic Trainer

REPORTS TO: Athletic Director, Assistant Principal and Principal

DEFINITION: To assume the responsibility obligation of establishing and maintaining an athletic training program, in all sports

Essential Duties and Responsibilities:

1. Be responsible for prevention, emergency care, first aid, evaluation, and rehabilitation of injuries to athletes under his/her care.
2. Serve as liaison between the team physician, the athlete, the athlete's parents, and coaching staff.
3. Consultant to coaching staff on conditioning, nutrition, and protective equipment.
4. Assist with prevention of injuries including education for athletes and student trainers, identifying factors that put athletes "at risk", correcting deficiencies in athletes as deemed necessary, as well as taping and bracing.
5. Provide emergency care and first aid including availability of necessary equipment, communication procedures for emergency situations, and prompt, accurate triage.
6. Evaluate acute and chronic injuries and refer to the team physician or specialist where appropriate. Help decide if a player may return to competition following an injury.
7. Treat athletic injuries with protection, rest, ice, compression, evaluation, support, ultrasound, electrical stimulation, cold/heat/ and hydrotherapy as needed or prescribed with the availability of modalities.
8. Develop, supervise, evaluate, and modify individual exercise programs for rehabilitation to help athletes return to a pre-injury status.
9. Maintain records including injury reports, home care instructions, referrals, treatment records, rehabilitation progress notes, and insurance information.
10. Secure training room equipment and supplies as needed.
11. Provide education and supervision for student trainers.
12. District 205 team practices allowing access to the athletic training room.
13. District 205 sporting events as scheduled with the Athletic Director.
14. Perform any other duties as assigned by the immediate supervisor, Principal, and/or Superintendent.

QUALIFICATIONS:

1. NATA certification and Illinois Athletic Training License

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2. Bachelor's degree from an accredited college or university
3. Valid driver's license
4. Such alternatives to the above qualifications as the Superintendent may find appropriate and acceptable

Physical Requirements:

Sitting, standing, lifting, and carrying (up to 50 pounds), reaching, climbing stairs, squatting, kneeling, and moving equipment/light furniture may be required.

Safety and Health:

1. Knowledge of universal hygiene precautions
2. Knowledge and training in first aid procedures should be required for handling athletic related injuries.

Equipment/Material Handled:

Athletic and medical supplies used for prevention and treatment of injuries. Surgical gloves need to be utilized when treating injuries.

Work Environment:

Must be able to work within various degrees of noise, temperature, and air quality. Work surfaces will vary from concrete to grass to hard wood floors. Job responsibilities require both inside and outside assignments.

Interruptions of work are routine. Flexibility and patience are required. Must be self-motivated and able to complete job assignment without direct supervision. After hour work may be required. May make site or home visits when needed and appropriate. Must be able to work under stressful condition.

Terms of Employment:

Salary and work year to be established by the Board